

How To Build an Emotional Connection With Your Child & Make Him Feel Accepted



9 March 2018

Dear Parent/Guardian

The school, in conjunction with our Parent Support Group, is organising a Talk titled '**Good Enough Parenting – Core Emotional Need For Connection & Acceptance**' on **Thursday 22 March 2018**. The talk will be conducted by a registered counsellor and certified life coach, Mr Halbert Louis.

Gain valuable insights on what is emotional connection, how to develop an emotional connection with your child and how to create a sense of belonging for them at home. Children with a strong and positive emotional connection to their parents, have more confidence, develop self-esteem and mature into healthy adults.

The Talk is open to **all TMS parents**. A mass sms will be sent to parents. Please reply to the sms if you are attending by 18 March 2018. We look forward to your presence at this session.

Date: Thursday 22 March 2018
Time: 9.00am to 11.00am
Venue: The Learning Hub

Profile of Speaker

Mr Halbert Louis began his career as a Civil Engineer having graduated from NTU in 1988. After 3 years, he gave up his Engineering career to do community and churchwork for 20 years. During that time he had the opportunity to mentor the youth, working adults and married couples. In 201 he made another career switch and obtained his Master's in Counselling. He then worked with the youth as an ITE life-skills lecturer and also served as FamilyLife Educator. Since 2012, Halbert started his own company running corporate mental wellness workshops and family oriented programs. He has conducted numerous parenting workshops in different schools in Singapore for the past 7 years. In 2014, he obtained his accreditation in TripleP. As a registered counsellor with SAC and certified life coach with ICF, Halbert offers both counselling and coaching services especially in areas of marriage and family life. Halbert himself is a father of two and has been married for 26 years. His older daughter is a graduate of NUS and a secondary school teacher and his younger daughter is in her 3rd year of university in US.

Talk Outline

1. What is emotional connection and what does it look like?
2. What's at stake?
3. Quality time takes time
4. Empathy and validation of feelings

Connect With Other Like-minded Parents!

The PSG group would also like to invite all parents to stay back after the Talk for a **Connect & Craft** workshop. Get to know our PSG Members and connect with other like-minded parents whilst having a go at Bead Art. Learn how to create 3D Bead craft and use this newfound skill to connect with your child at home! The workshop will commence right after the talk from **11.00am to 1.00pm**.